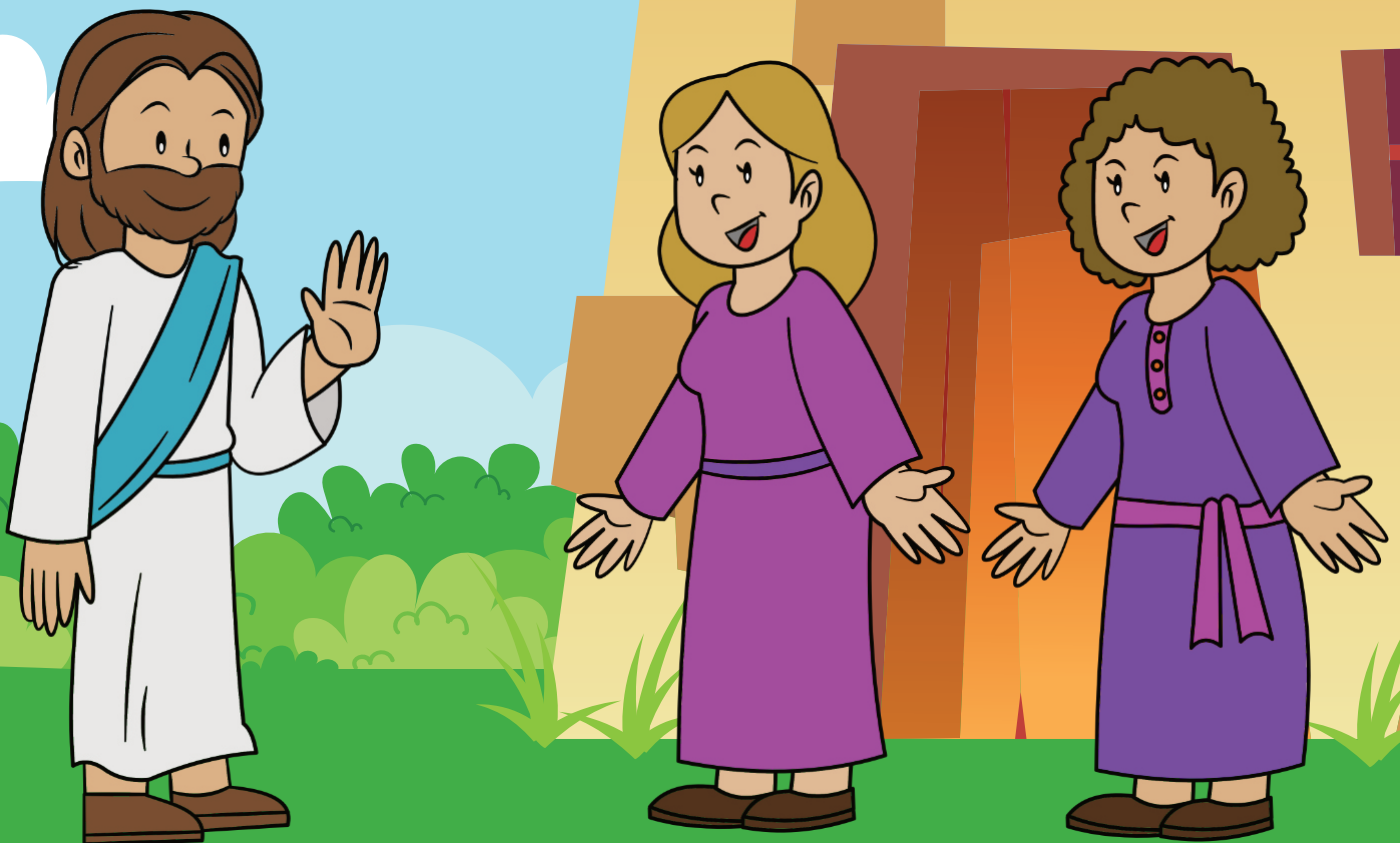


Mary and Martha

5+ lesson pack



TRUEWAY KIDS.COM

Introduction

Jesus met many people during His ministry on earth. Two women He met were sisters named Mary and Martha. When Jesus visited, they had two different reactions. We read about them in Luke 10:38-42.

Key Points:

- We must put Jesus first.
- Jesus wants us to listen to Him.
- We shouldn't allow other things to distract us from Jesus.

Lesson Guide



Ask your child what they would do if the most important person they can think of was coming to visit? Talk with your child about what preparations would be made. Think about what food would be served and what decorations might be used.

When Jesus came to visit Mary and Martha, how did they react? Martha was very worried about everything being perfect. Mary chose to just listen to Jesus. Create a game by placing ten sheets of paper on the floor in a straight line. At various points along the path, place sheets of paper going off the pathway. At the end of these detours, place a single visible treat. At the end of the straight path, place a box with a much better treat. Explain that each square is one step and they only get ten steps for the game. They can go on any path. Your child may choose to go only up the straight path to the big treat. If they choose to take the side paths, they will be left without the turns needed to reach the big treat.

After you finish the game, talk about distractions. The little treats distracted them (or not) from the much bigger treat. Many times, in life, we will have to choose between what is more important or less important. Is it more important to read the Bible or a comic book? Is it more important to go to church or a sporting event? Play a game of more important. Say something like cat and dog and allow your child to choose which they feel is more important and why. Include items such as the Bible, praying, or having a relationship with Jesus.

You may also draw the items on a paper. Write God at the top and then other things in descending order of importance. If too many items are overwhelming your child, select one category such as food and have them list which foods are more important to them. Remind them that God gave us food. Introduce the idea of good, better, best.

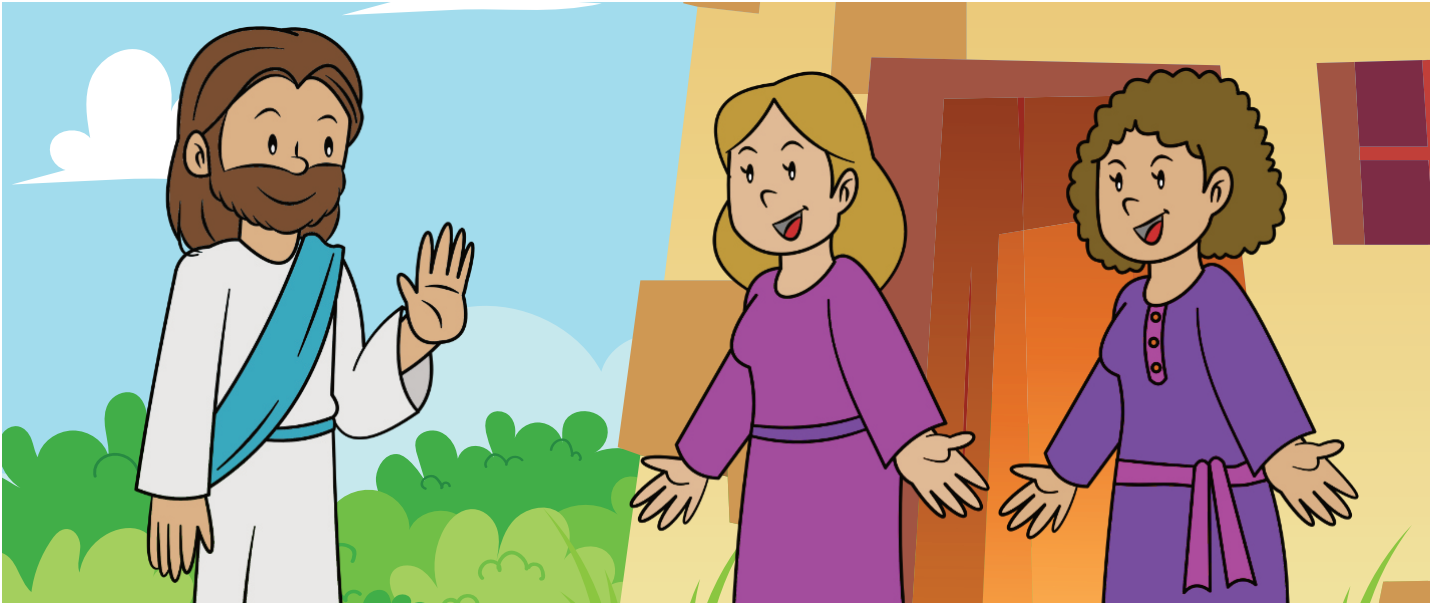
Speak about how Martha was too busy doing good things to spend time with Jesus. Emphasize that she wasn't doing bad things, just at the wrong time. We must be careful not to prioritize things over God. Do the 'big rocks first' activity with your child mentioned in games and activities.

Mary had to choose to whom she would listen. She could choose to let Martha make her leave Jesus or choose to listen to Jesus and not let Martha distract her. Mary chose to listen to Jesus and ignore Martha. We should never listen to someone who tells us to leave Jesus. Play a game of giving your child directions to follow to a surprise. Turn on the television, play music, or create other distractions. Remind them to not let the other things drown out your voice or they will not hear the directions to the surprise. Read Psalm 46:10.

Talk about ways we can learn from Jesus today. We might not be able to sit at His feet physically like Mary did, but we can read His words. Ask the child where we find Jesus' words.

Thank God that He is the best thing. Ask Him to help you never be distracted by things of lesser importance.

Mary and Martha



Jesus continued to travel around teaching people about the Kingdom of God and performing many miracles.

One day, Jesus stopped in a village called Bethany.

While there, Jesus went to visit his friends.

They were two sisters named Martha and Mary.

Martha and Mary were very happy to welcome Jesus and His disciples into their house.

Martha wanted everything to be perfect for Jesus.

Martha rushed into the kitchen to prepare some food.

While Martha rushed around, Mary sat down by Jesus' feet to listen to Him speak.

Mary treasured her time with Jesus and knew how important it was to listen to Him.





Martha continued to rush here and there.

She cooked and cleaned.

She was upset her sister did not help.

She couldn't believe that Mary would just sit around doing nothing while she worked so hard.

Finally, she was fed up and couldn't stay silent any longer.

Martha asked Jesus "Lord, don't you care that my sister left me to serve alone? Ask her therefore to help me."

But Jesus' answer surprised her. "Martha, Martha, you are anxious and troubled about many things but one thing is needed.



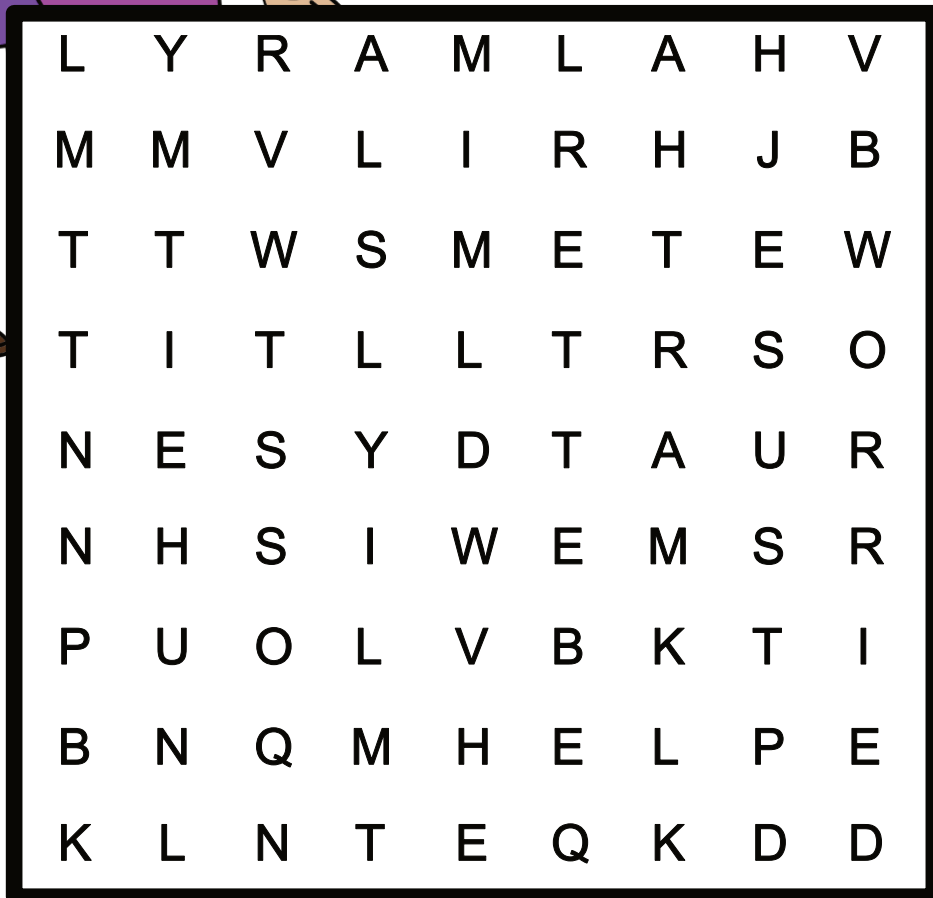
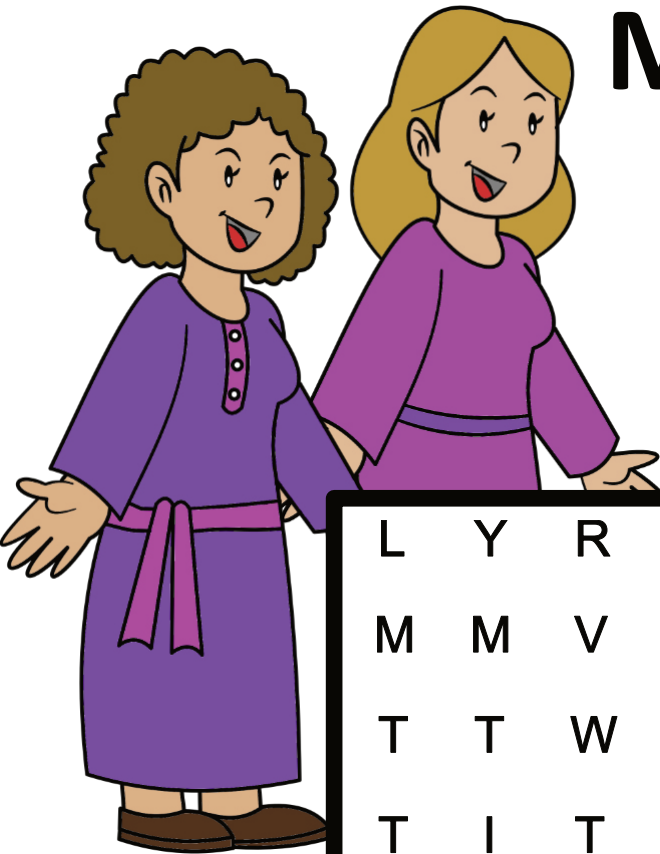
Mary has chosen the good part, which will not be taken away from her."

True or False



	True	False
Mary and Martha were sisters		
Mary and Martha came to visit Jesus in His home		
Martha sat at Jesus' feet		
Martha was distracted by all the preparations		
Martha was angry with her sister for not helping		
Martha asked Mary to help her		
Jesus said that Mary chose the better thing		

Mary and Martha Word Search



Better

Busy

Help

Home

Jesus

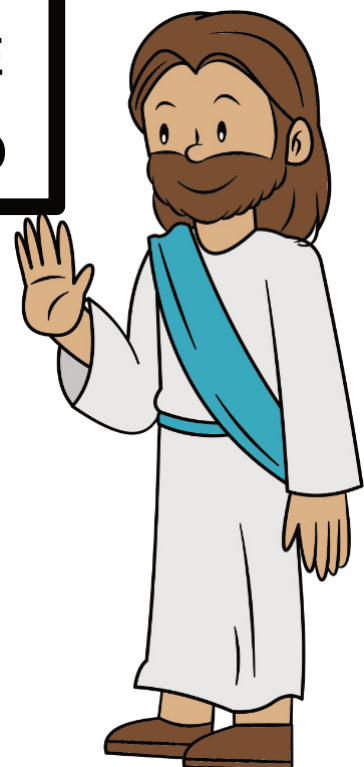
Listen

Martha

Mary

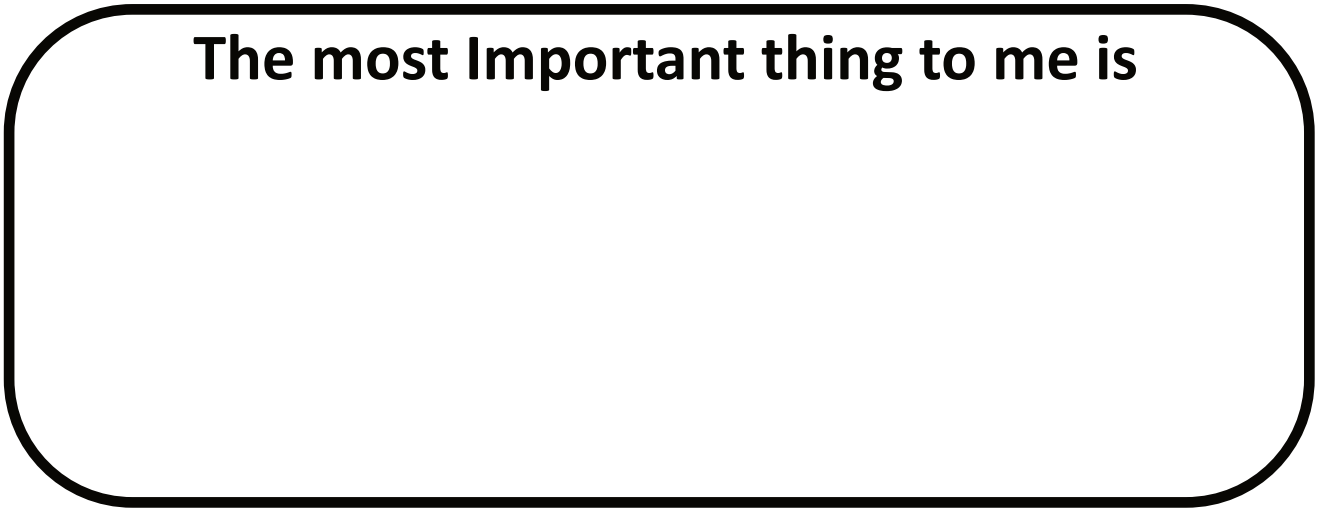
Visit

Worried

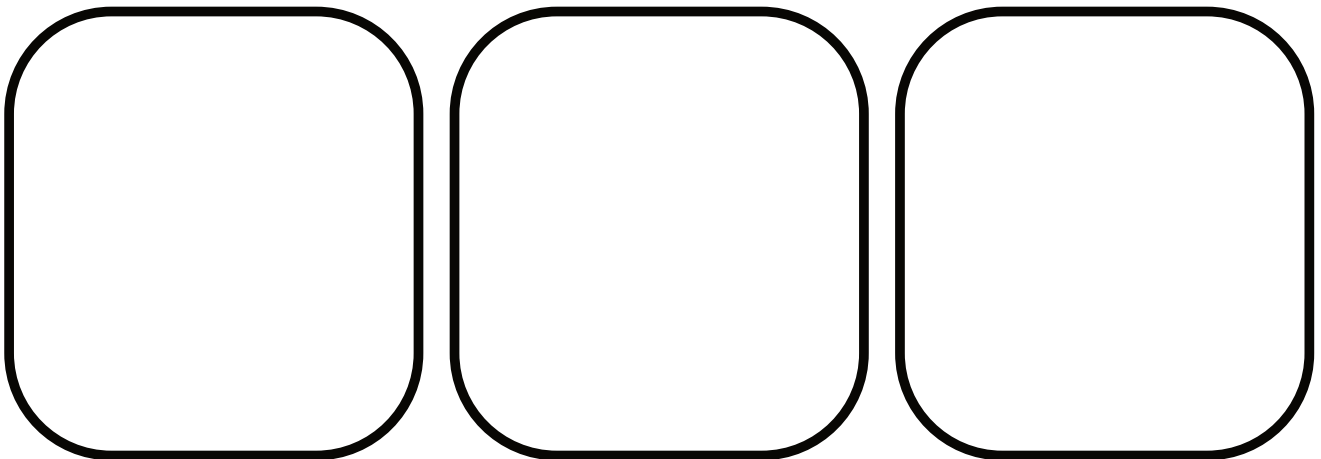


My priorities

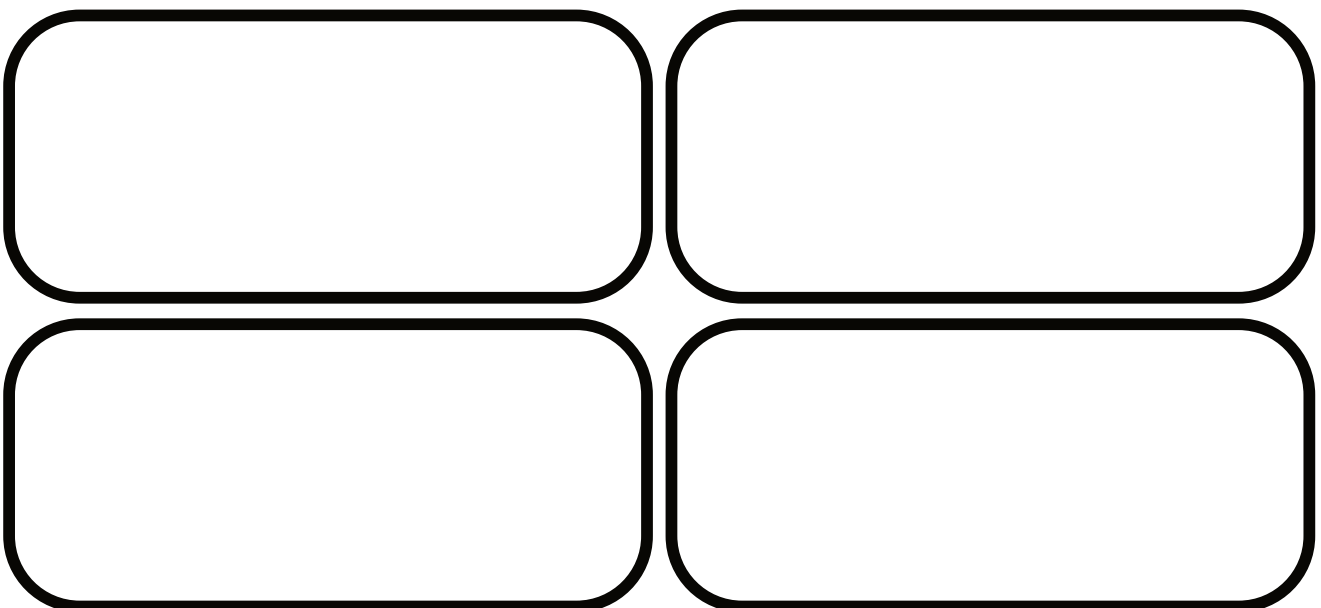
The most Important thing to me is



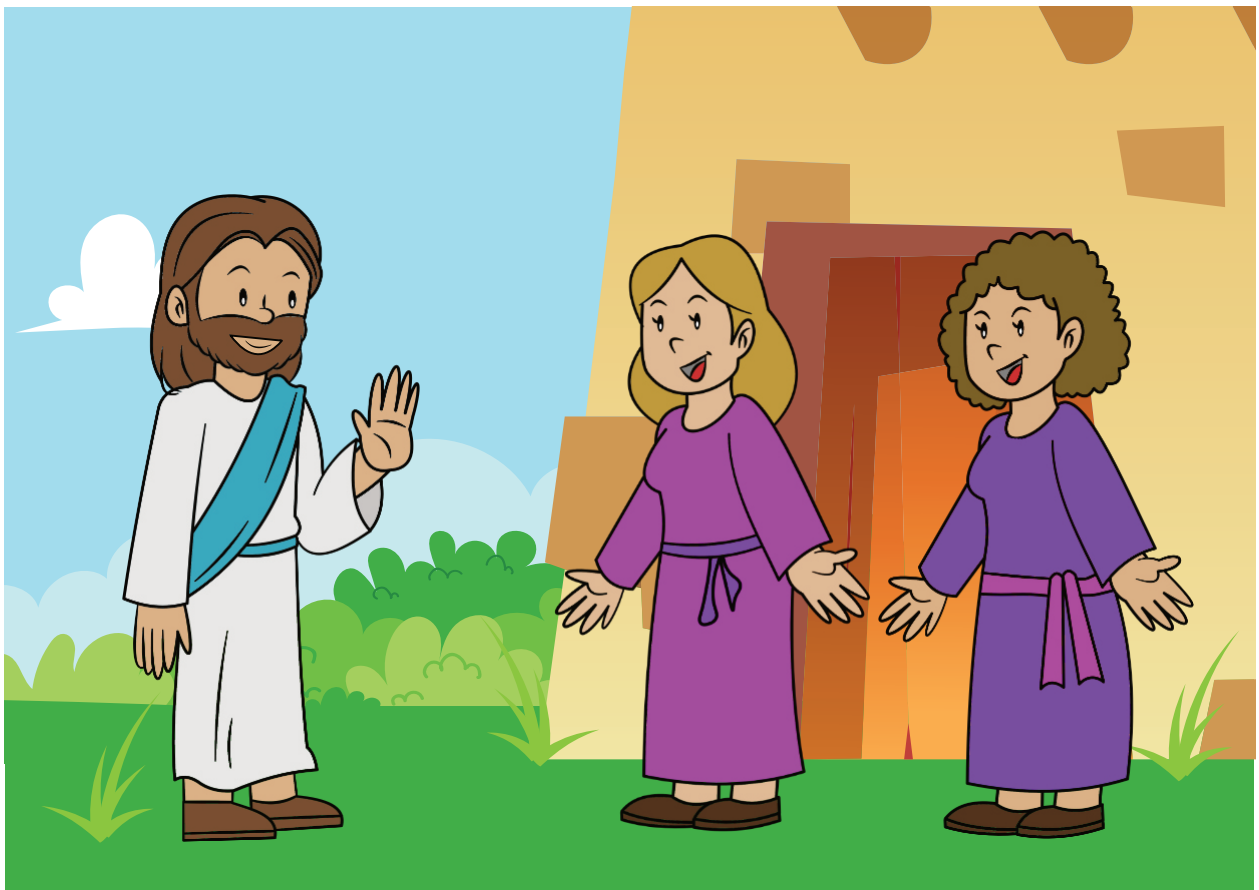
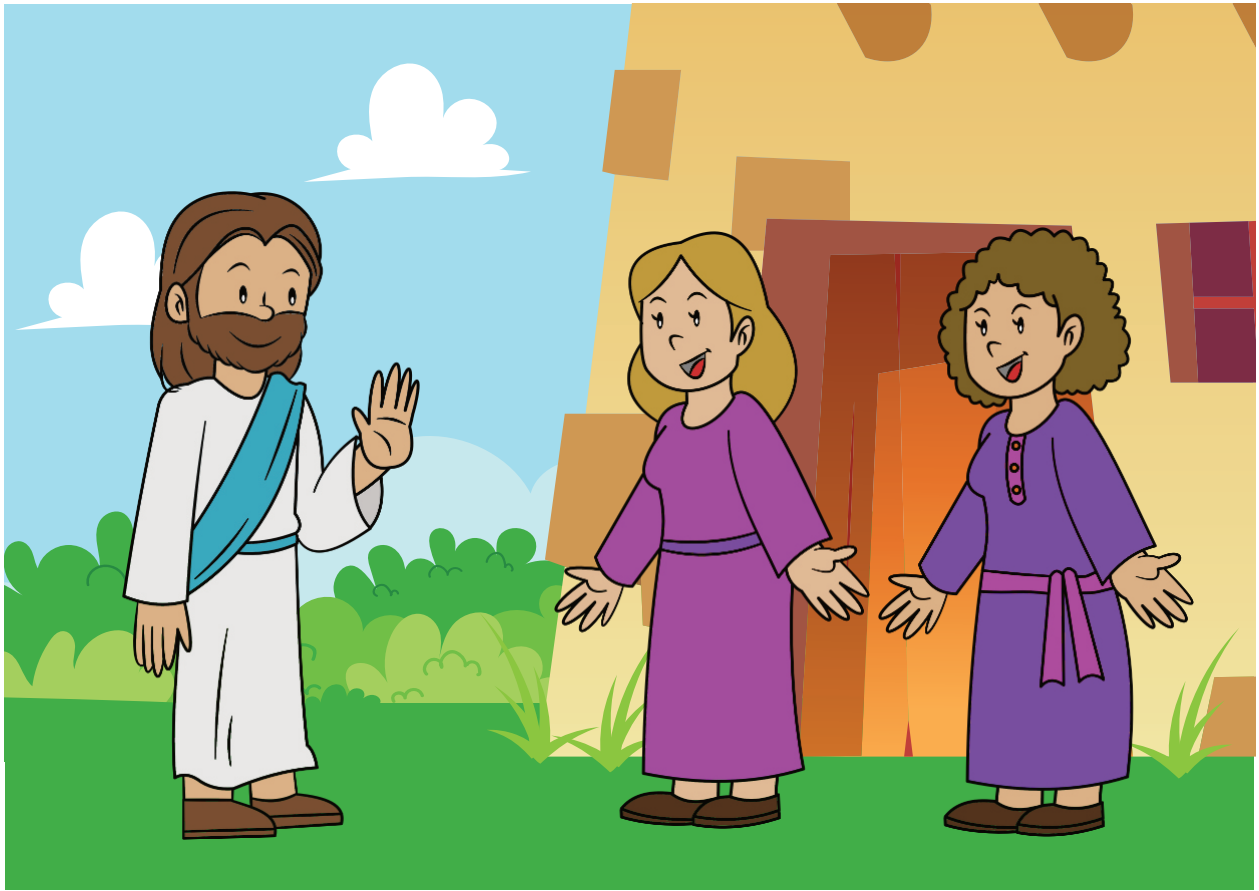
These things are very important to me



These things are quite important to me



Find 10 Differences



Games and Activities

Big things first

This activity is a fun experiment and important lesson that teaches us about priorities. Practice ahead of time, so you have the correct quantities when doing the activity with your child.

You will need, big rocks, pebbles, sand, water, and a jar. First ask your child to fit the items into the jar, smallest to largest. The jar should be too full to fill in all the rocks.

Next repeat the activity with largest items first until everything fits.

Speak about how we must put God first in our lives.



Service relay

Fill a tray full of non-breakable items.

Give the child a tray and time them to cross to the other side of the room and back.

They should hold the tray like a waiter.

Either time the child or split children into teams and make it a relay race.

Good or better

Create two zones A and B.

Name two things such as food, drink, hobby, movie etc

Each child should then walk to which they think is better.

For example: What sport is better A) Running B) Swimming

Remind them how Mary chose what was better.

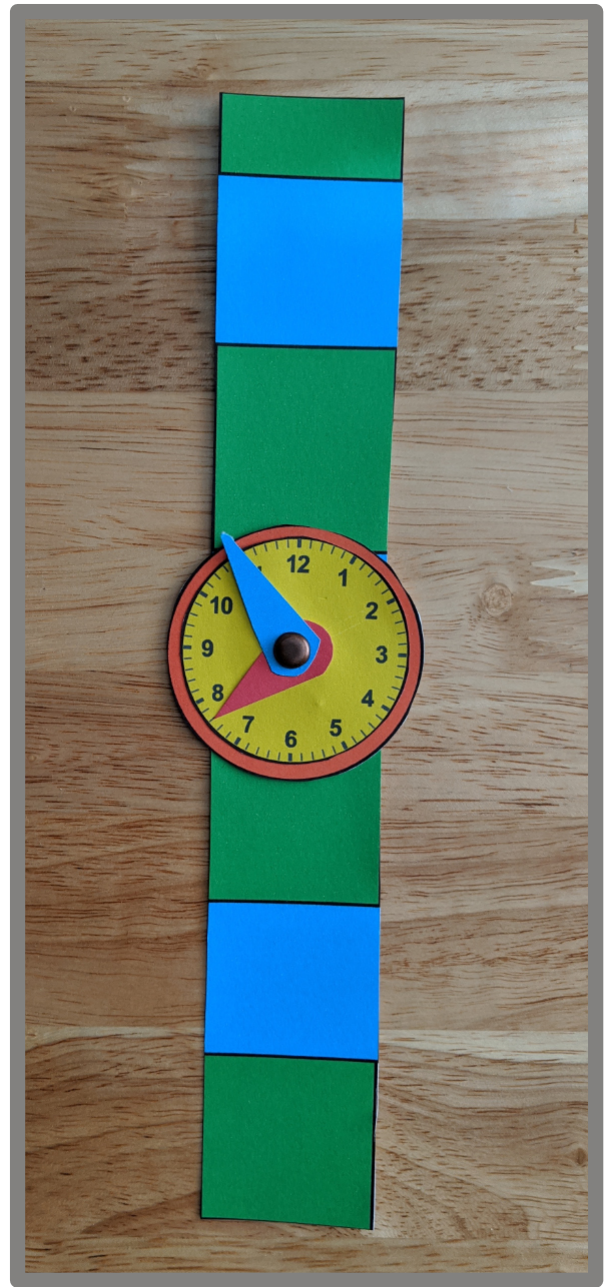


Make your own Watch

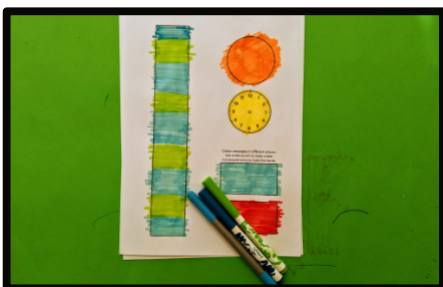
Help your children remember to make time for Jesus with this simple watch craft.

What you need:

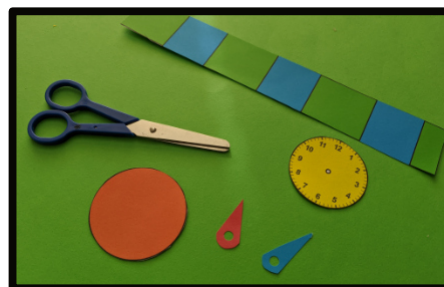
- Template page,
- Colouring pencils,
- Scissors,
- Glue,
- Fastener (split) pin.



What to do:



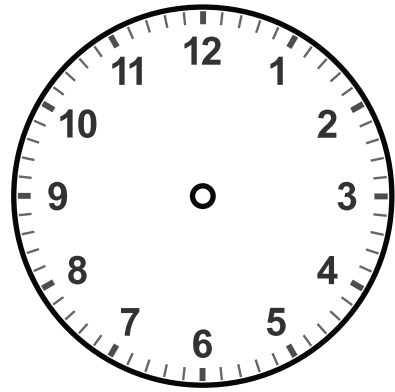
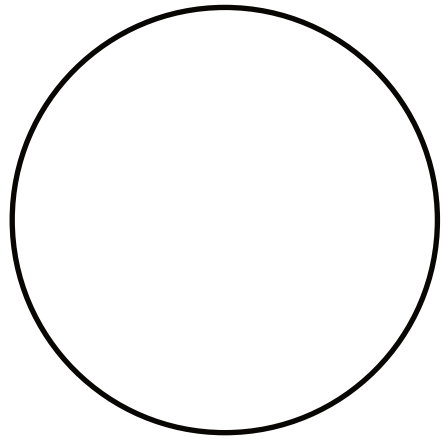
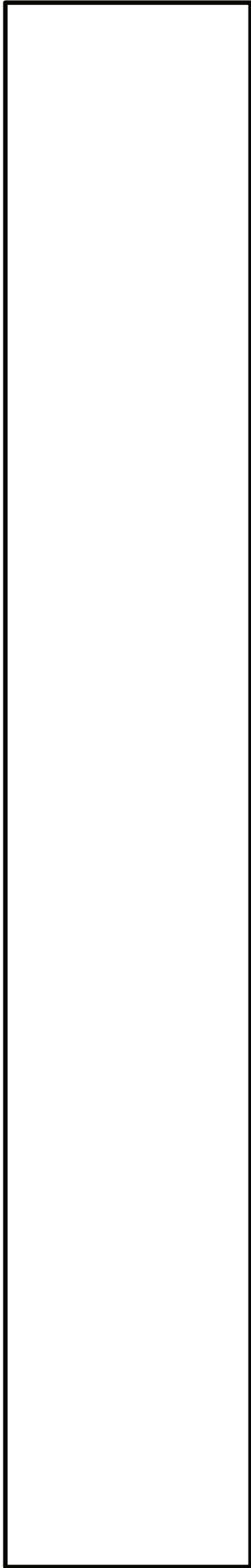
Colour the template page.

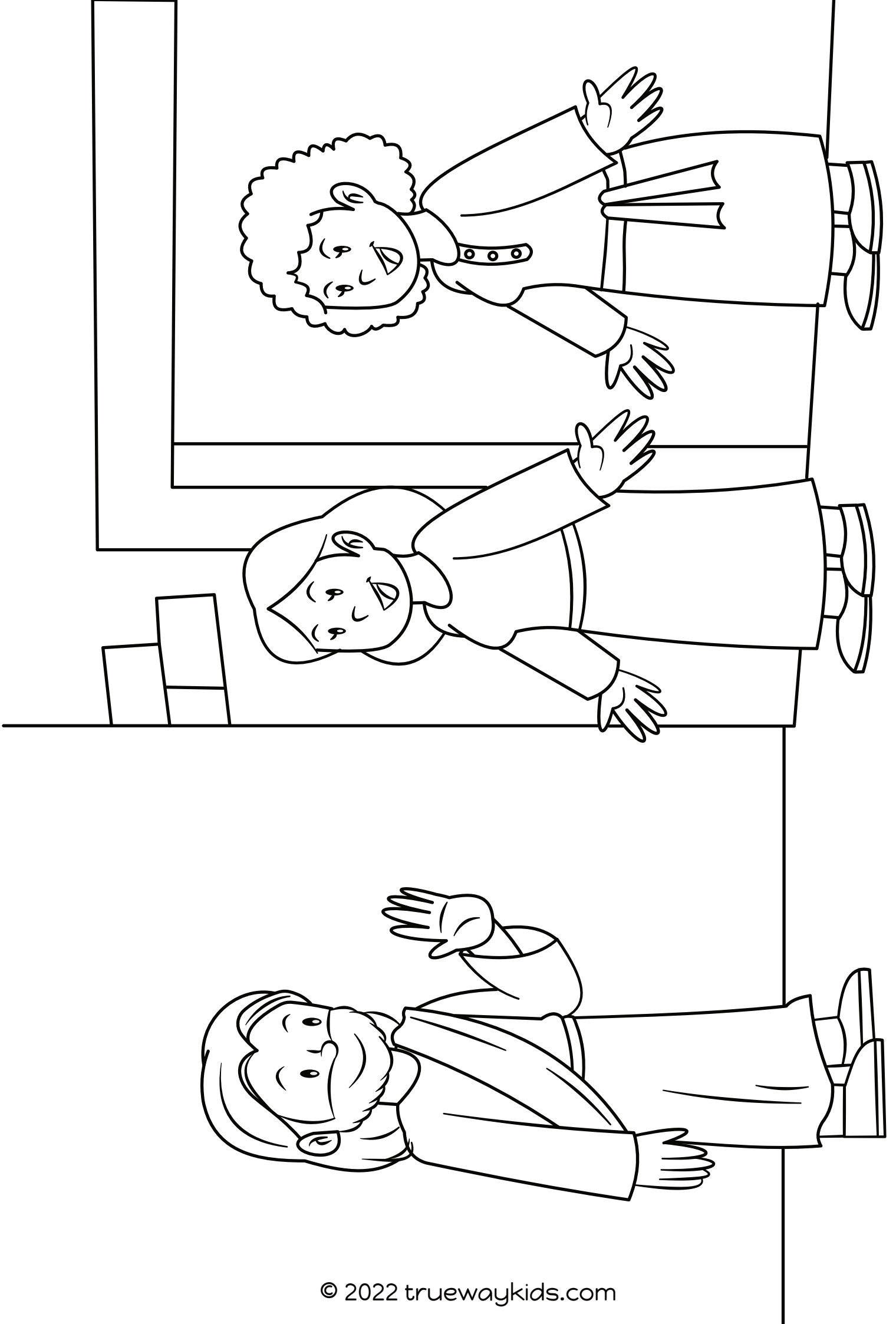


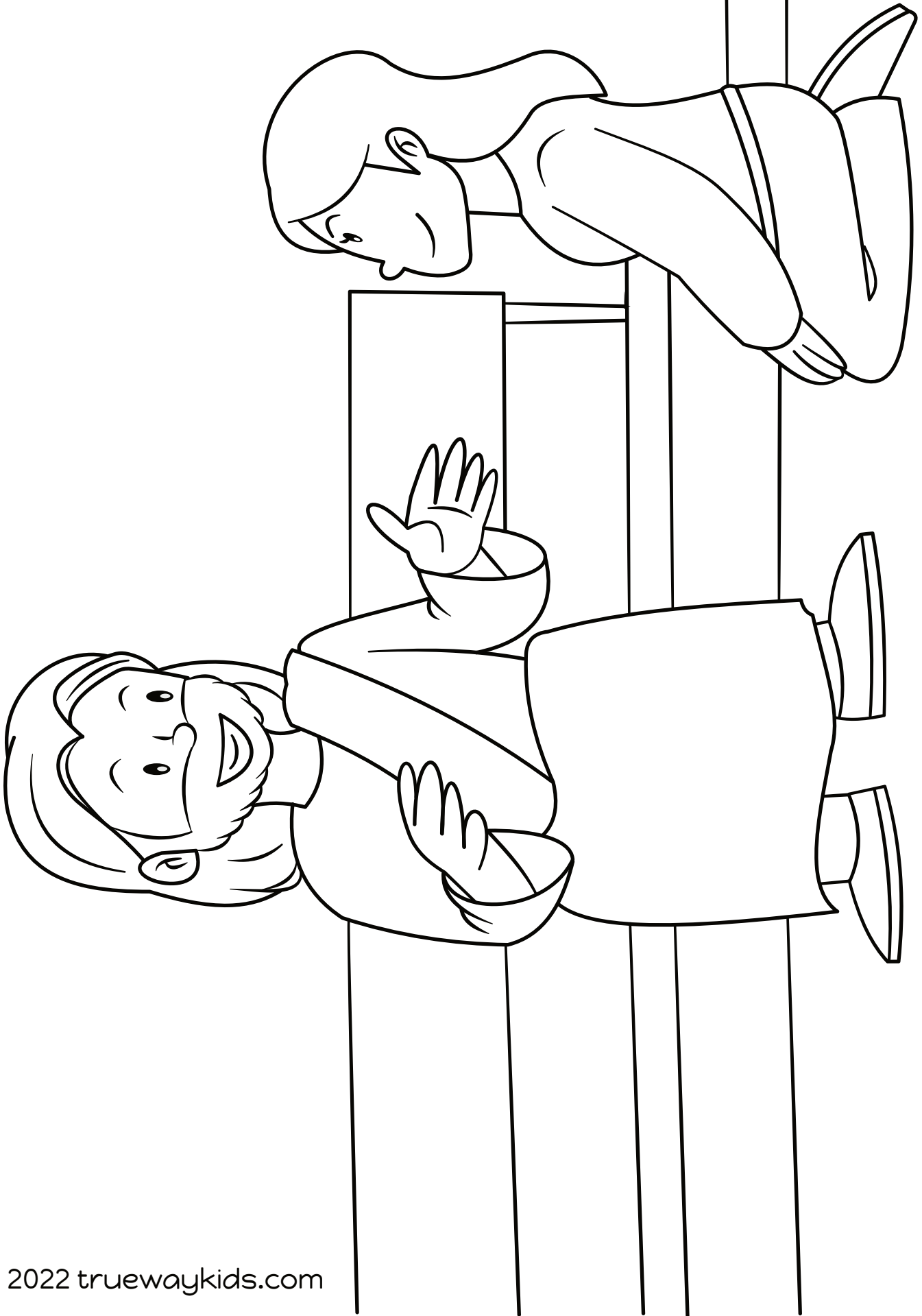
Cut out the parts. Ask an adult to help with the hands.

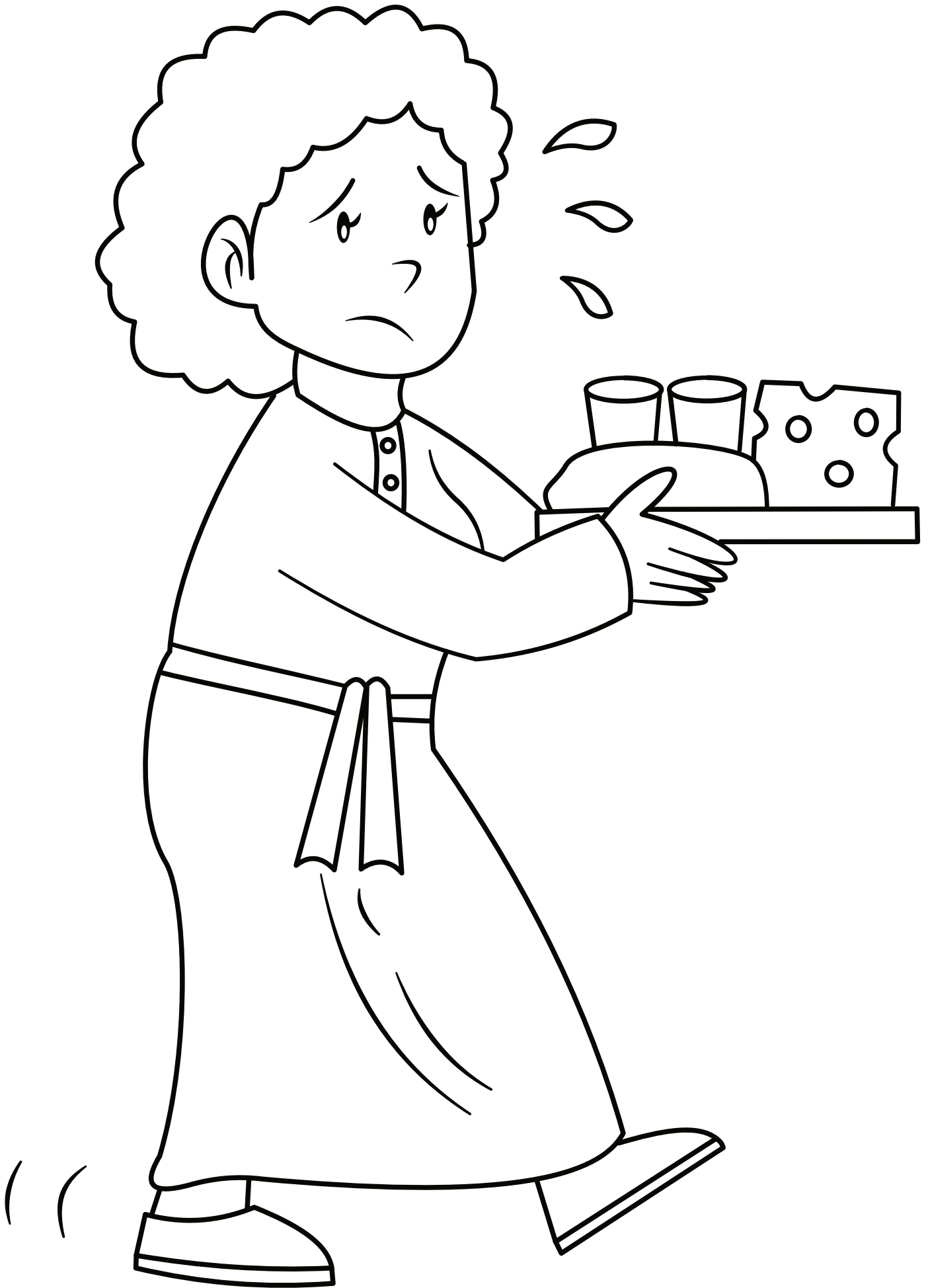


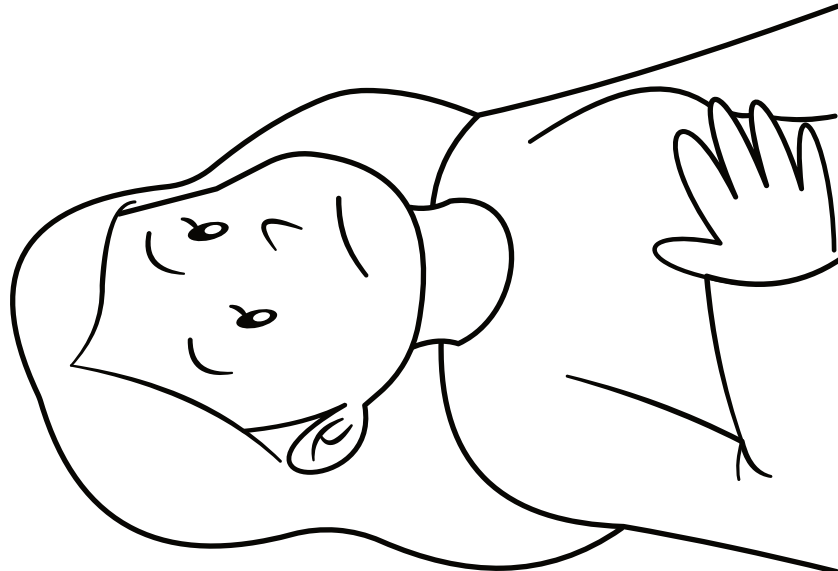
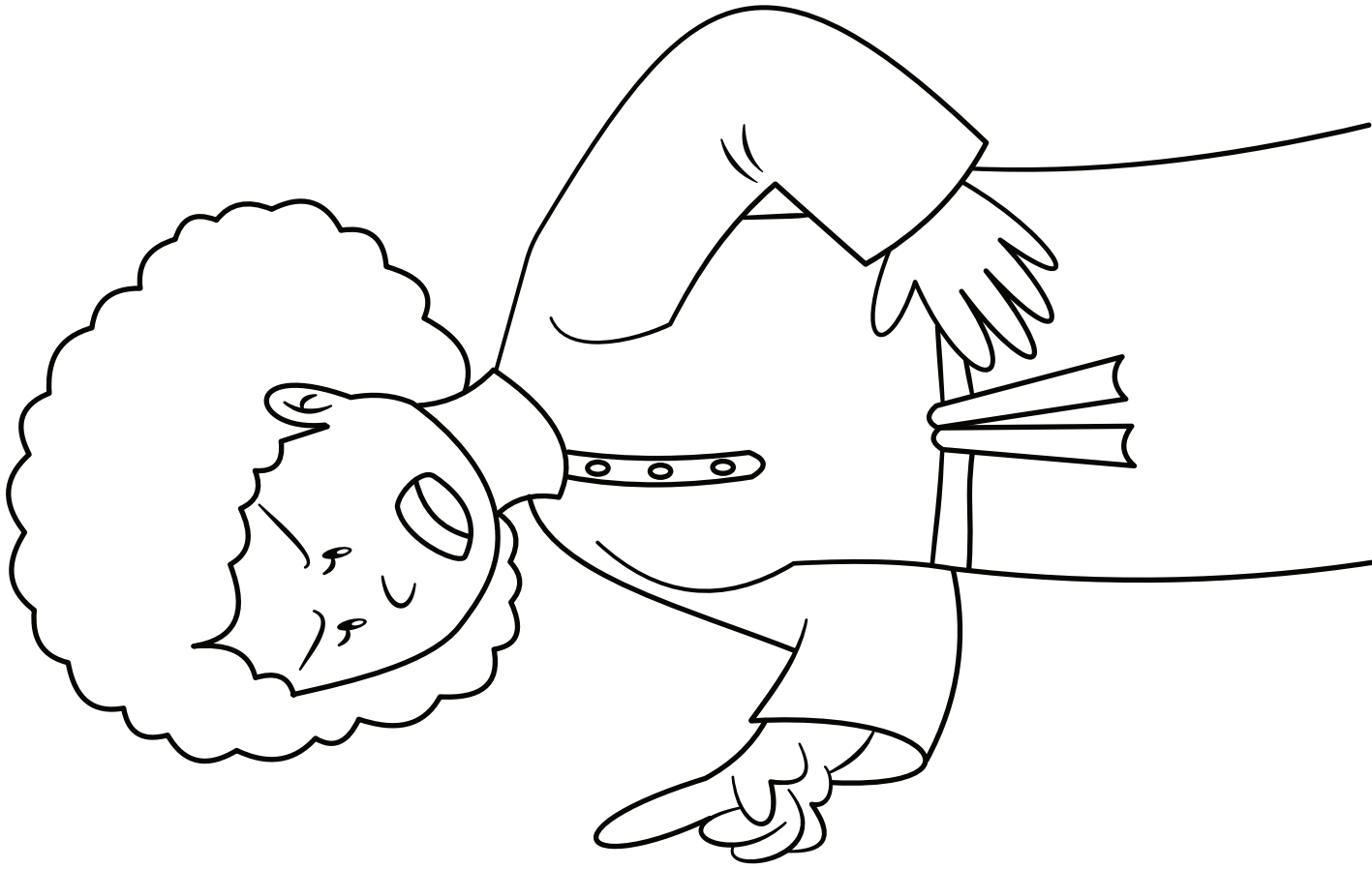
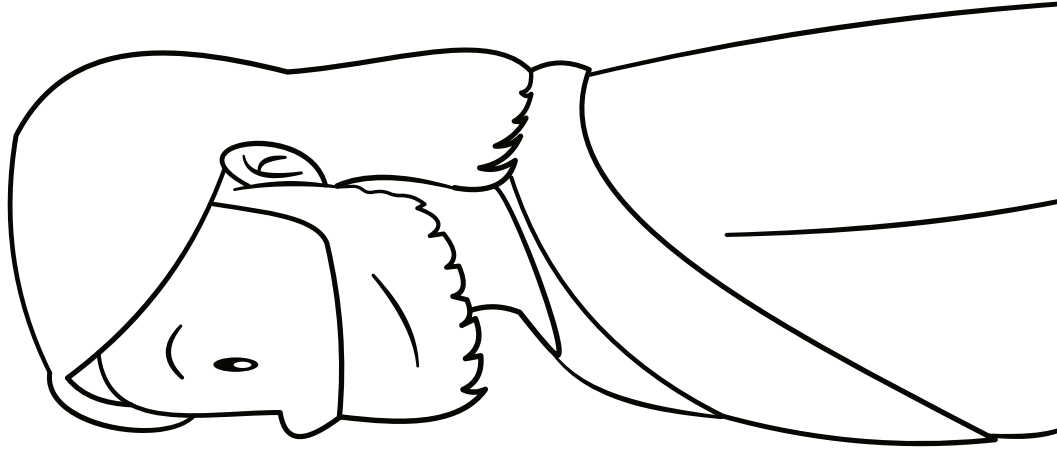
Fix the hands to the clock face using a fastener pin. Glue the larger circle to the back then, glue it onto the strap.











Worship Time

Recommend worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Mary/Martha - The Donut Man

<https://youtu.be/9hqhLAlBrMQ>

Mary and Martha - Colin Buchanan

https://youtu.be/gkM9n45_KPE

PUT GOD FIRST - Allstars Kids Club

<https://youtu.be/b20e6R6AFeQ>



Prayer

Thank God that He always has time for you and is willing to teach you.

Ask Him to help you to make time to spend with Him each day.

Next Week
Lazarus - John 11

If you haven't already done so, sign up to receive future lesson by email.
truewaykids.com/subscribe/

