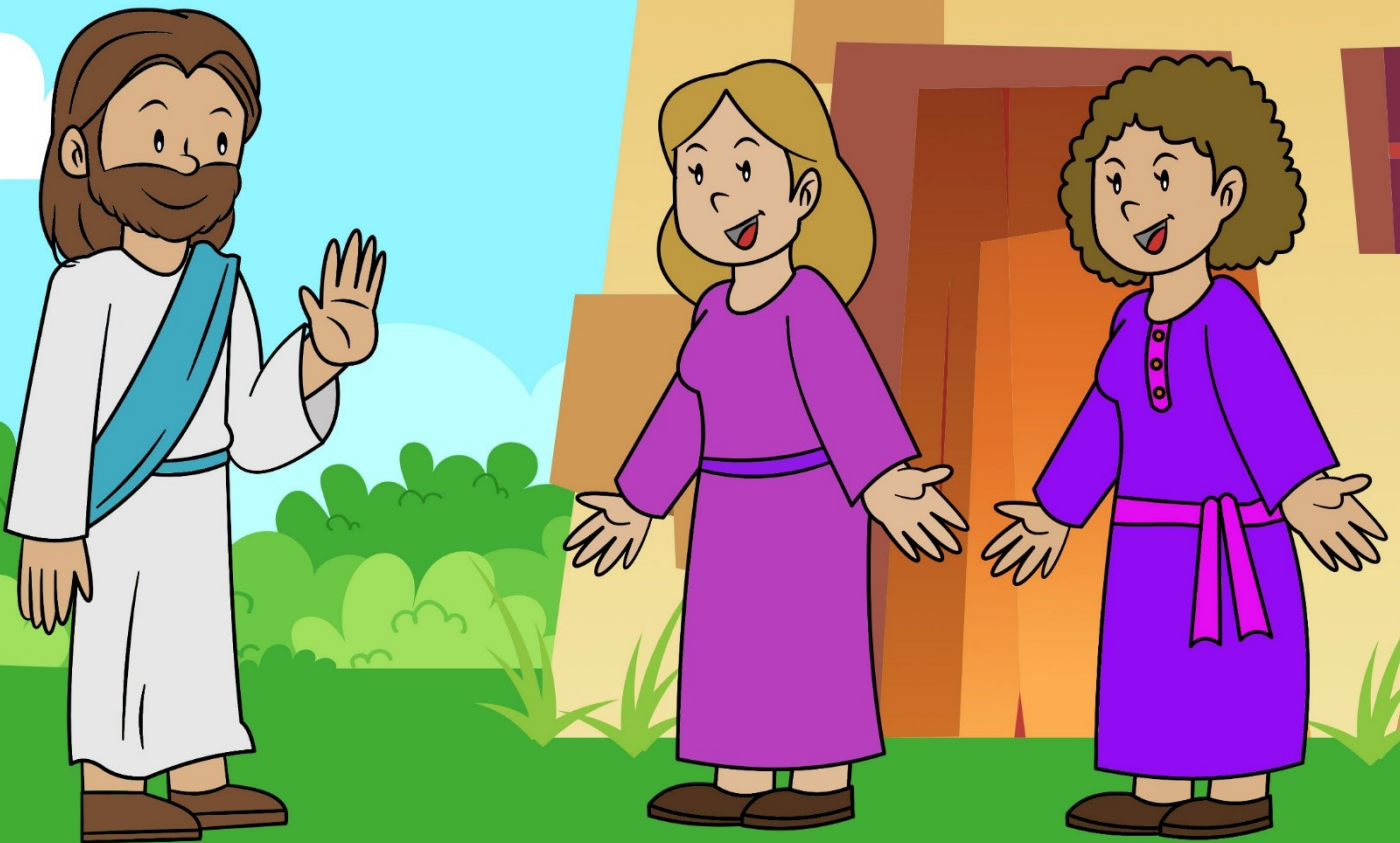


Mary and Martha

Baby and Toddler Lesson



Story



One day, Jesus visited his friends.

They were sisters named Martha and Mary.

They were very happy to see him.

Martha rushed into the kitchen to prepare some food.

Mary sat down by Jesus' feet to listen to Him teach.

Mary knew it was important listen to Jesus.

Martha knew Jesus was a very special guest.

She wanted everything to be perfect.

She rushed here and there. She cooked and cleaned.

She was upset her sister did not help.

Finally, she was fed up.

Martha asked Jesus to tell Mary off and to ask her to help.

But Jesus said,

“Martha you choose to do something good, but Mary has chosen the best.”

Listen Carefully

Mary Knew it was important to listen to Jesus carefully

Skills learned:



Listening



Logic



Music

Materials needed:

Musical instruments

Preparation:

None

Steps:

For Babies and Toddlers:

Show the children the different instruments.

Demonstrate or allow the child to make a noise with each.

Next, ask them to close their eyes or turn around.

Make a noise with one of the instruments.

Have them guess which instrument it was.

Take turns allowing them to make the noise and you guess.



Practical life skills

Martha was busy getting everything ready while Mary listened.

Skills learned:



Life Skill



Concentration



Hand-Eye
Coordination

Materials needed:

Child safe and size cleaning equipment.

Preparation:

None

Steps:

For Babies and Toddlers:

Ask the child to help you clean or prepare a room.

Make sure you use age-appropriate activities and make it a fun experience.

Most children will enjoy:

- Spraying water and wiping it with a cloth.
- Helping to wash dishes.
- Brushing the floor and so on.

Make sure the child is supervised at all times and help where needed.

Thank them for helping you.



Carry a Tray

Martha wanted to make sure her guests were cared for and provided them food and drink.

Skills learned:



Gross Motor
skills



Life Skill



Concentration

Materials needed:

A tray

Safe objects

Preparation:

None

Steps:

For Toddlers:

Show the child the tray and how to use / carry it.

Show the child how to handle the tray by placing one hand on each end, fingers below, and thumbs over top of the edges.

Have them walk slowly with an empty tray.

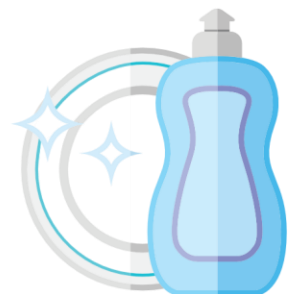
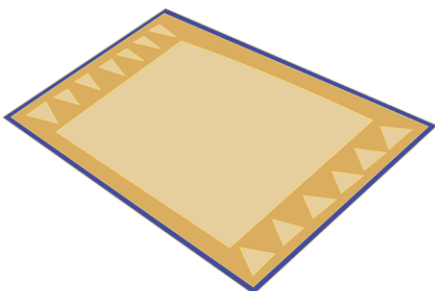
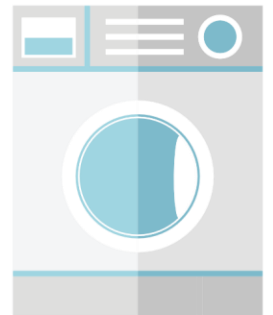
When they feel ready, place an item on the tray.

A wooden toy block or a book would work well.

As they walk, does the object move at all? Can they keep it in the same place? Are they able to add more items to the tray?



Find the correct cleaning equipment



Would you rather ...?

Martha chose something good, but Mary chose what was better

Skills learned:



Logic



Speech



Vocabulary

Materials needed:

Images or objects

Preparation:

Prepare a selection of images or objects. Group in pairs and keep out of site.



Steps:

For Babies:

Place two toys at crawling distance from the child.

Allow them to pick one of the toys to play with.

Repeat at different times.

For Toddlers:

Show the child two or more objects.

Ask them "Would you rather have A or B?"

The child has to pick an answer and explain why.

For example, "Would you rather have a toy car or a doll? An apple or a pear? Have a cat or dog?"

How do you feel?

Help children to learn about their emotions and how they can share how they feel with Jesus.

Skills learned:



Materials needed:

Story images

Preparation:

Cut out the story images

Steps:

For Babies and Toddlers:

Show the child one image from the story.

Talk about what is happening in the story.

Think about how Mary and Martha are feeling in that image.

Ask when is a time your child feels that way?

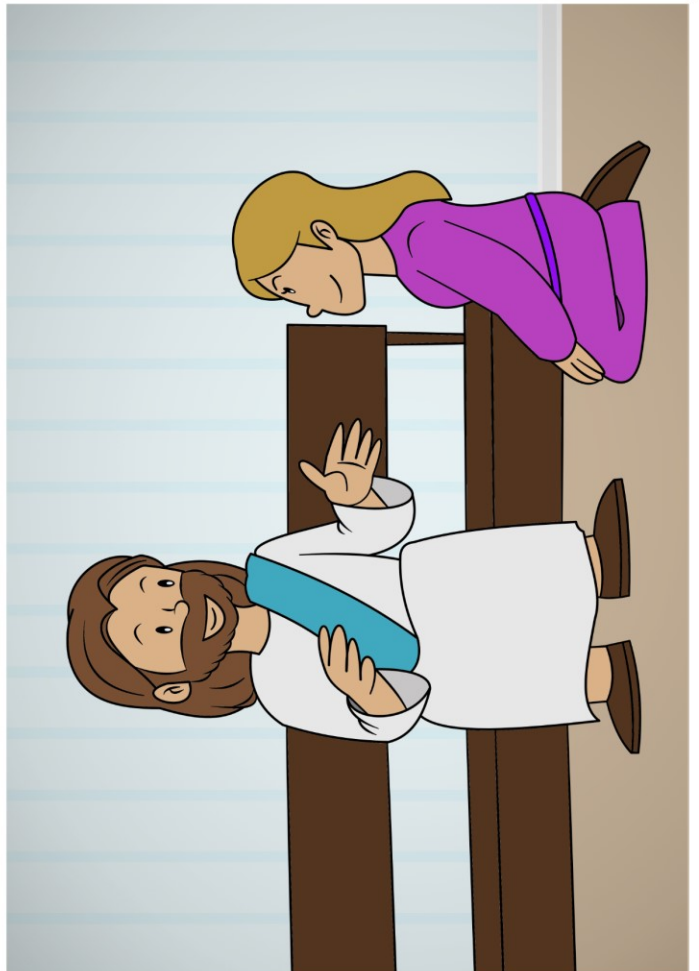
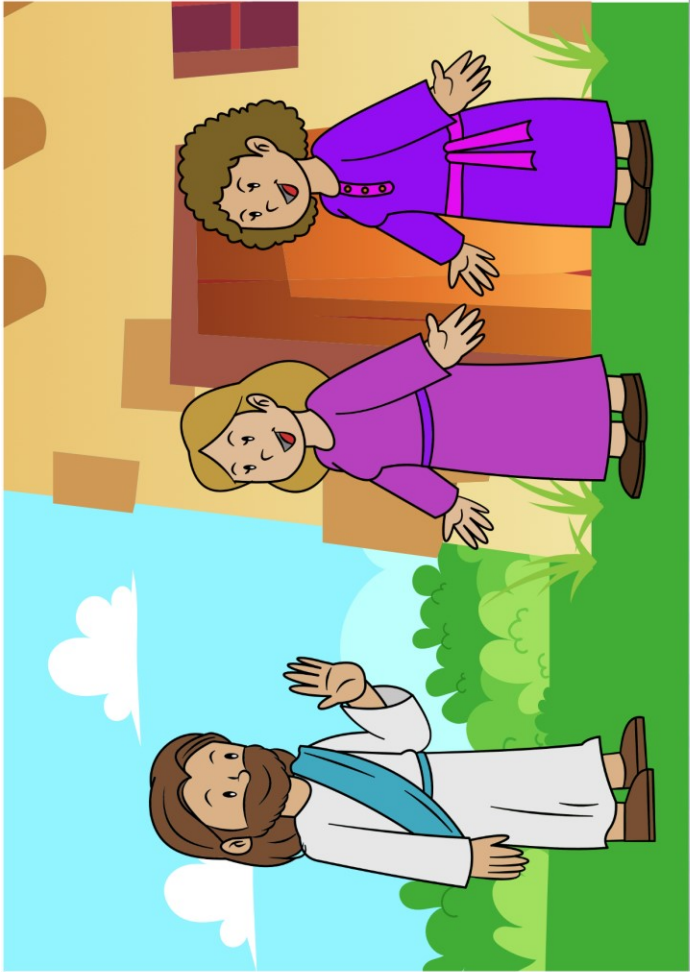
Ask them to make a face to show that emotion.

For example: "Jesus arrives at the house. Mary and Martha felt happy and excited. The child may feel happy when a grandparent comes to visit their house. Show your excited face."

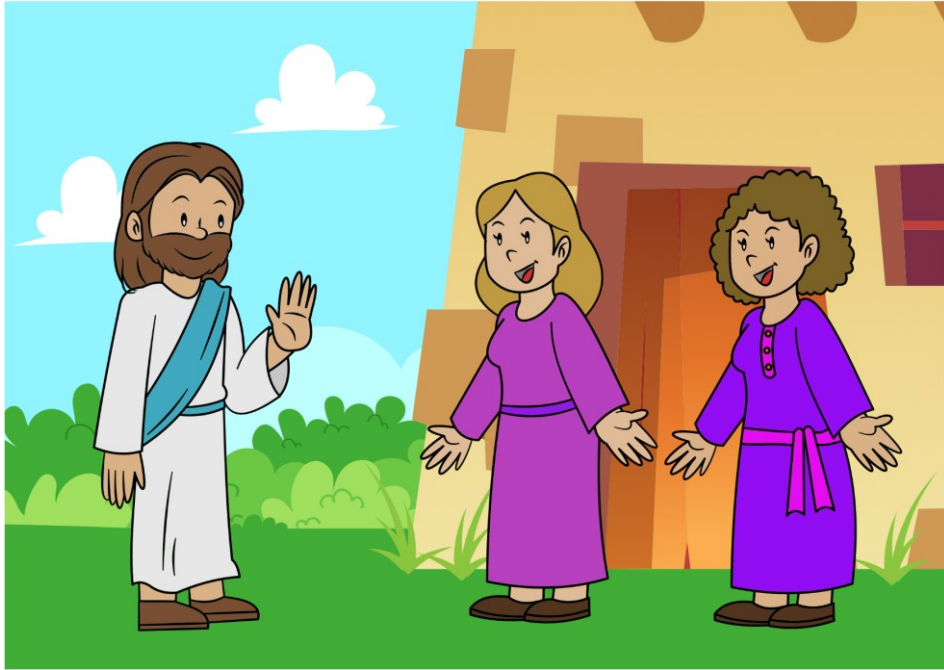
Repeat with other images.

Remind them that we can talk to Jesus about how we feel.





Songs



Recommended worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Mary and Martha - Colin Buchanan

<https://youtu.be/1y9sbkGdgMg>