

Jacob



Introduction

In this lesson, we will learn about Jacob from Genesis 25-28. We will learn that God works His perfect plans through imperfect people.

Main points:

- God forgives us.
- We should treat others the way we want to be treated.
- God can restore our relationships.

Video playlist



Lesson guide

Allow your child to dress up in their favorite costume and pretend to be someone else. (A princess, a fireman, etc.). Have a time of pretend play. You can even have pretend play without costumes. Your child's imagination is powerful enough.

Explain that while it is fun for us to play and pretend to be someone else, today we are going to learn about someone who pretended to be someone else in order to trick them.

Remind your child of the Bible timeline so far. Abraham and Sarah were Isaac's parents. Isaac and Rebekah had twin boys, Esau and Jacob. Draw it out on paper and compare to your own family.

Hide an item in a pillowcase and have your child guess what is inside by feeling it. Take turns by putting different items into the pillowcase. Next, blindfold a child and have them guess another person by feeling their face. You can also have them feel the faces of soft toys.

Share how Jacob tricked his father by pretending to be his older brother. Ask your child if it was right for Jacob to trick his brother and to lie to his father. Learn Luke 6:31. Explain that it hurts us when people do bad things to us and so we should not do bad things to others. Explain how God says that we should not lie.

Talk about how even though sometimes we do bad things, God still wants to forgive us and has a plan for us. Jacob ran away, but God was still with Him.

Have some different items to use as a pillow. A toy, a shoe, a shopping bag, a rock etc. Order them by level of comfort. Talk about how as he was running away, Jacob slept outside and used a stone for his pillow. When he was in an uncomfortable place, God spoke to him in a dream. What are some uncomfortable situations we face?

Share how God later changed Jacob's name to Israel. Show Israel on a map and explain how the great, great, great grandchildren of Jacob are still there today.

There are many other important lessons and events from the life of Jacob, but to try and cover them all in one lesson would be too confusing. Please use your own wisdom as to how much you cover or how you spread the story over the week.



Jacob married Rachel and had lots of children; 12 boys and 1 girl.

Years later, Jacob wanted to go back to his own town.

On the way back, God changed Jacob. God changed his name from Jacob to Israel.

When he arrived in his own town, he met his brother Esau who wasn't angry with him anymore.



Jacob and Esau

Isaac and Rebekah had two sons. Esau and Jacob. They were twins. They grew together inside their mom's tummy.

As they grew up the twins were very different.

Esau loved to be outdoors and to hunt, Jacob liked to be indoors. Esau liked spending time with his Dad, and Jacob liked spending time with his Mom.



When Isaac was old, he wanted Esau to take over.

But Jacob wanted the blessing, so he came up with a plan!

He tricked his brother into swapping his blessing for a bowl of soup.

Next, Jacob pretended to be Esau, so that Isaac blessed him.

Esau was angry.

Jacob had to run away.



Jacob met a girl called Rachel and fell in love immediately.

On the wedding day, Rachel's dad played a trick on Jacob.

Rachel had a sister, Leah, and with a veil over her face they looked the same. Jacob was tricked into marrying the wrong sister!

Jacob was sad. But he promised to work hard to marry Rachel.

Games and Activities

Describe the people

Look at some pictures from a book or magazines. There are also some further on in the lesson. Ask your child to describe what they look like. Alternatively, you can give descriptions of the person and your child must guess the correct one. E.g. "Who has black hair?"

Explain how even though Esau and Jacob were twins they looked and acted differently.



Play pretend - Who am I

Take turns with your child to pretend to be different people, animals or things. Here are some ideas to get you started. A Robot, A Cat, A Policeman, A teacher. The other person should guess who they are pretending to be.

Highlight what it means to pretend to be someone or something else.



Nature Soup

Often the simplest activities are the best. Give your child a container and a little water and have them explore outdoors and make nature soups. Make sure they understand NOT to eat it.

Talk about all the beautiful colors, textures, and shapes. Have your child mix them together to create a soup.



Easy Vegetable soup



This easy to make soup is packed with essential vitamins and minerals. Involving children in cooking is a great way to encourage them to eat different foods. As you prepare the soup together remind them of the story of Esau and Jacob.

Ingredients

1 cup mixed vegetables such as onion, celery and carrots

¼ cup potatoes

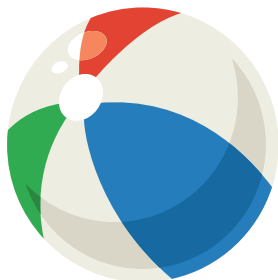
1tbsp oil

3 cups vegetable stock

What to do:

1. Peel and cube the vegetables. Help your child to chop the vegetables.
2. Fry the vegetables in a little oil for a few minutes until they begin to soften.
3. Make up the stock
4. Add the stock to the vegetables and simmer for 10-15 minutes.
5. Once the vegetables are tender, blend if desired

Cut out the cards below and use to play snap and match the pairs. The idea is to build on the understanding that Esau and Jacob were twins.



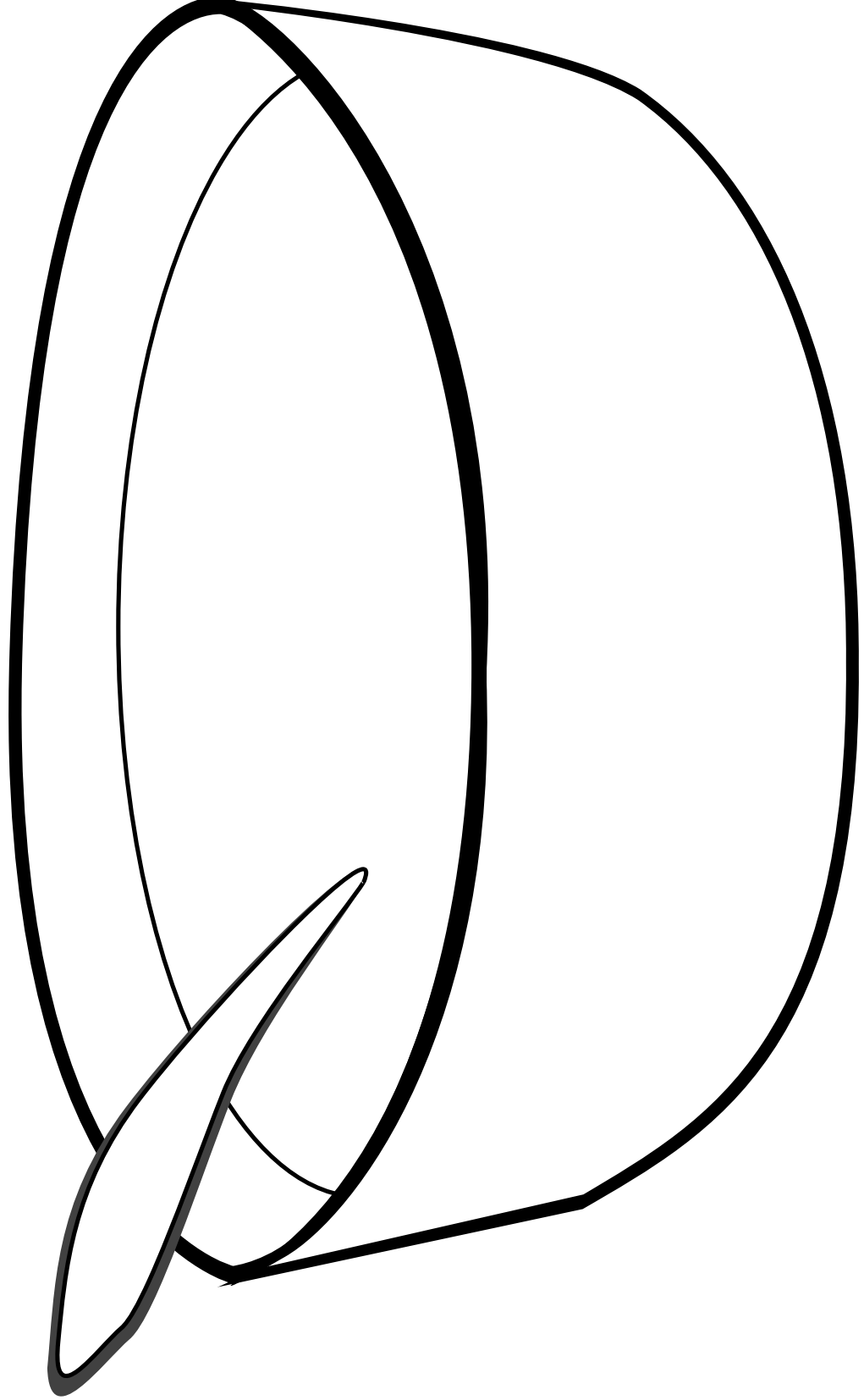
Which two are the same?



Jacob used a disguise to trick his father Isaac.
Can you draw some disguises on these faces?



Color this soup
What ingredients are you going to add?

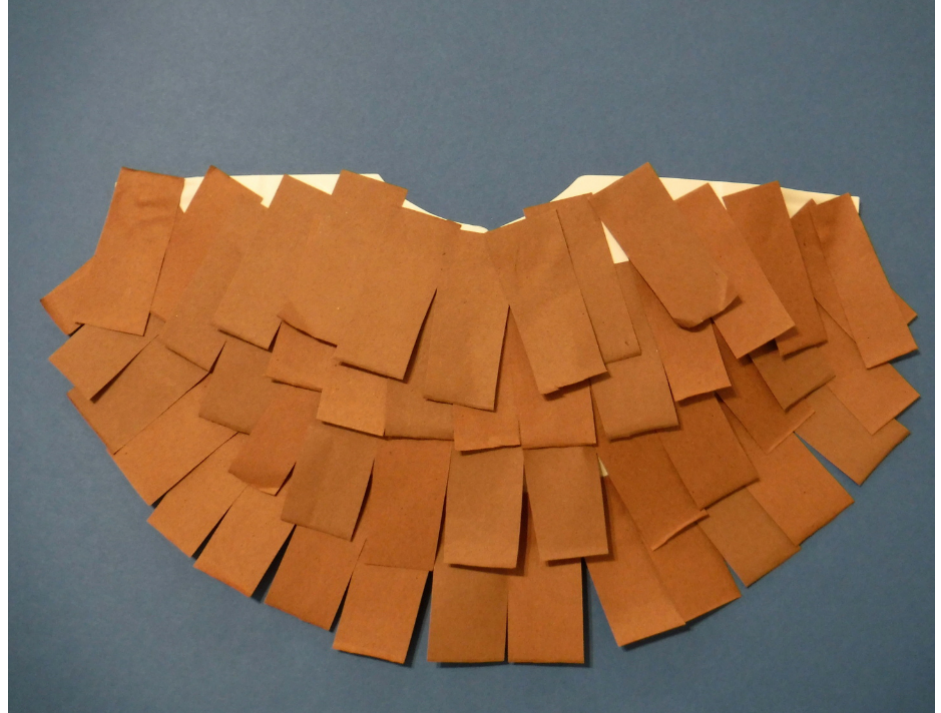


Beard Mask

Jacob made a fake beard to trick his father. What would you look like with a beard? Try this easy to make craft.

What you need:

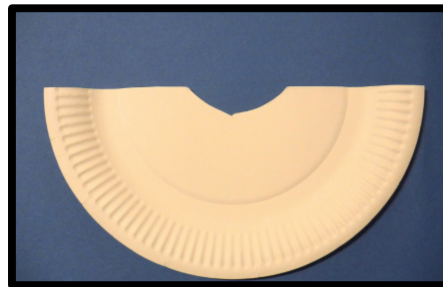
- Paper plate
- Scissor
- Glue
- Color paper
- Wool, string or elastic



What to do:



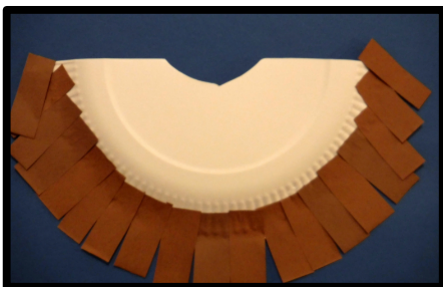
Collect all your supplies



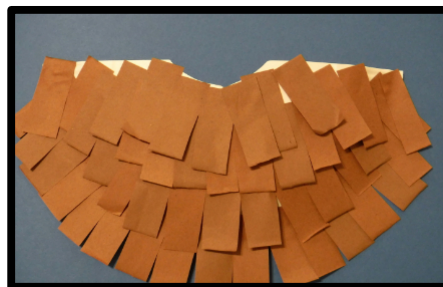
Cut a paper plate in half and a notch for the nose



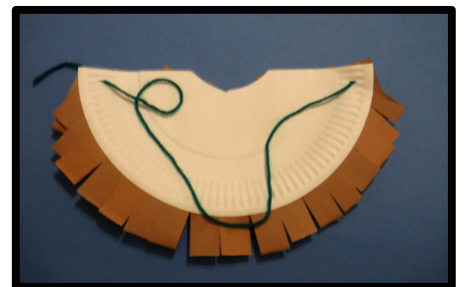
Cut out small Bits of paper about 3/4inx2in



Start at the bottom
Glue paper onto plate.
Glue top half of
paper only



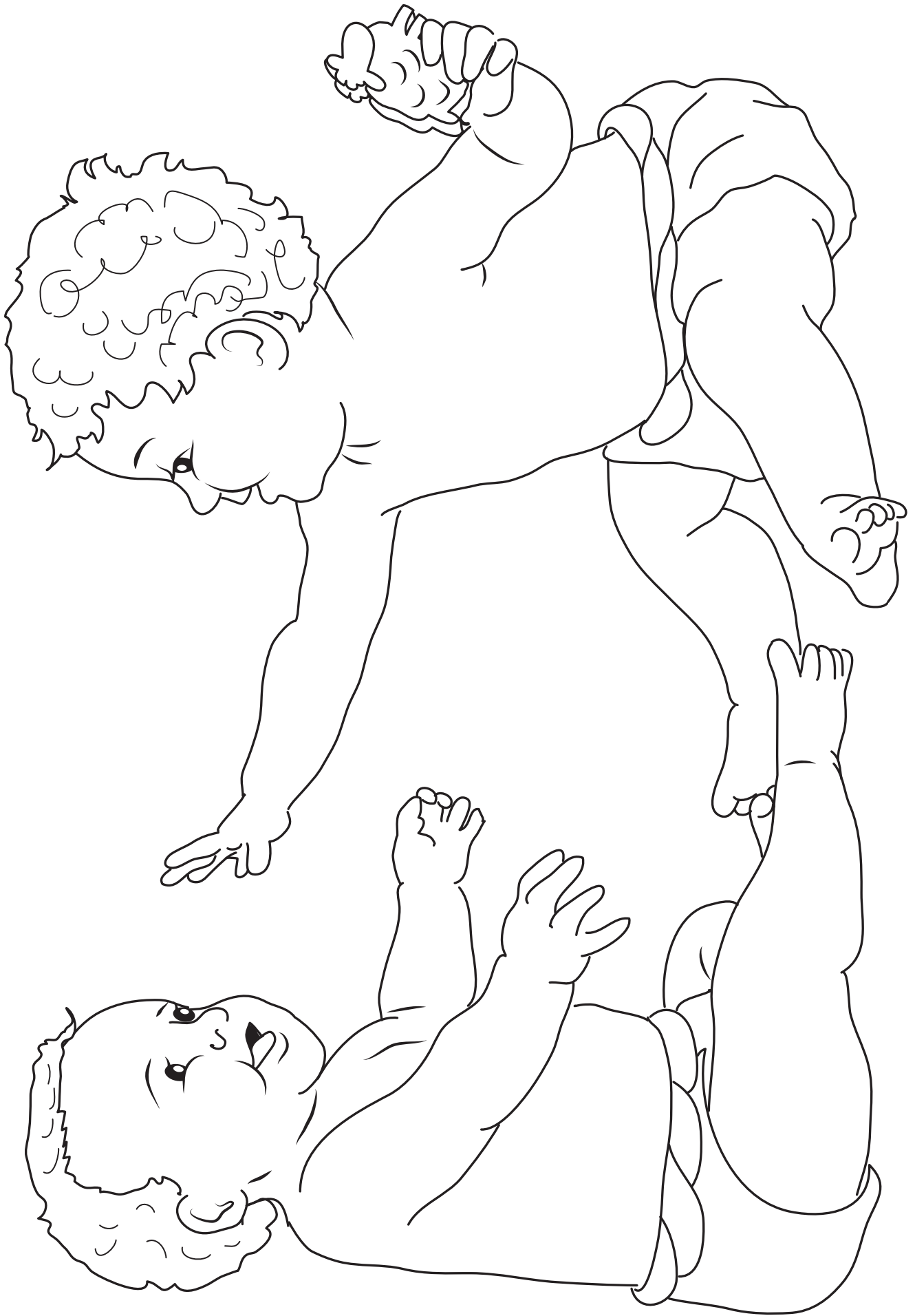
Glue on paper
Until full.



Cut some string.
Make two small holes
and tie on



<https://youtu.be/023XvDDa8eg>









Worship Time

Recommend worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Jacob's Ladder

<https://youtu.be/30QjuzAH2Ys>

When I Look

<https://youtu.be/4iW9MN7vMpQ>

Do Not Give Up

<https://youtu.be/EPqPcQjHDwg>

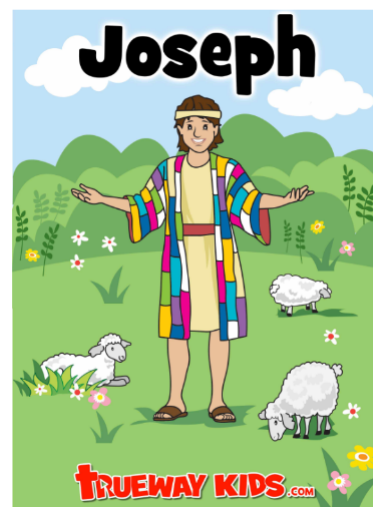


Prayer

Thank God for always looking after you. Thank God for forgiving us.

Ask God to help you forgive others and treat them the way you want to be treated.

Next Week: Joseph



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